Use the YouTube search box to find videos of interest.

You can also open up the filter options.

Try this sample search for “mcgill louise penny”: 
Select this video from the search results:

Play the video.

TIP for using the keyboard: the letter k will play or pause the video.
Go to the settings to change the speed of the video.

The video can be played more slowly (at 0.75, 0.5, or 0.25 times the speed) and more quickly (at 1.25, 1.5, 1.75, or 2 times the speed).
SHARE a part of the video by copying the link at a certain start time.

https://youtu.be/-Akgc2YqO-M?t=36

Start at 0:36
Find more videos from McGill University.

Follow this link to see McGill University’s YouTube channel

You can also choose to subscribe to their channel, but you will be asked to sign in using your Google sign in.
Lastly, be sure to check out the SHOW MORE option under each video. It often has additional descriptive information and links to relevant resources.

It is time to practice your skills by finding and subscribing to the MCLL YouTube channel!